

March 2024

HS/MS Lunch Your School District

 = Vegetarian Ingredients  = Gluten-Free Ingredients

Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components—
1 must be a fruit or veggie. You may take 2
fruits & 2 veggies!

Lunch Prices
Student Paid: \$3.40
Free & Reduced Status: free!
Adult Lunch: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*****</p> <p>VEGGIE PATCH: <u>Daily raw veggie choices</u> (Carrots, Tomatoes, Celery, Broccoli, Cucumbers) with Ranch Dip</p> <p>FRUIT: Fresh, Cupped & 100% Fruit Juice</p> <p>MILK: Skim Chocolate, 1% White, Lactaid</p> <p><u>Daily Alternate GrabNGo Options:</u> Hoagie, Wrap or PBJ. Which includes a Fruit & Veggie</p> <p><u>Daily Salad Option:</u> includes a protein & a grain.</p> <p>*****</p>				
		<p>CAFÉ CONTACT INFO: Beth Clark Food Service Director wtm@nsfm.com Phone: 856 769-0144 ext 55233 *Menu subject to change</p>		<p>Pizza By the Slice Spicy Chicken Patty <u>Sides:</u> Carrot & Celery Sticks Fruit of the Day</p>
<p>4</p> <p>Cheeseburger w/ Lettuce, Tomato & Pickle Big Daddy Buffalo Chicken Pizza <u>Sides:</u> Waffle Fries Fruit of the Day</p>	<p>5</p> <p>General Tao Chicken w/ Fried Rice BBQ Chicken on a Roll <u>Sides:</u> Peas & Carrots Fruit of the Day</p>	<p>6</p> <p>Baked Chicken w/ Dinner Roll Tonys French Bread Pizza <u>Sides:</u> Baked Beans Fruit of the Day</p>	<p>7</p> <p>Chicken Fajita w/ Onions & Peppers Big Daddy 4 Cheese Pizza <u>Sides:</u> Corn Fruit of the Day</p>	<p>8</p> <p>School Closed In-Service</p>
<p>11</p> <p>French Toast Sticks w/ Sausage Patty Cheeseburger on a Bun <u>Sides:</u> Hash Brown Fruit of the Day</p>	<p>12</p> <p>Nacho Grande w/ Cheese & Salsa Chicken Patty on a Bun <u>Sides:</u> Corn Fruit of the Day</p>	<p>13</p> <p>CheeseSteak On a Roll Big Daddy Pepperoni Pizza <u>Sides:</u> Green Beans Fruit of the Day</p>	<p>14</p> <p>Chicken Quesadilla w/ Sour Cream Spicy Chicken Tenders <u>Sides:</u> Spinach Fruit of the Day</p>	<p>15</p> <p>Pizza By the Slice Cheeseburger on a Bun <u>Sides:</u> Celery & Carrot Sticks Fruit of the Day</p>
<p>18</p> <p>Baked Chicken w/ Dinner Roll Cheeseburger on a Bun <u>Sides:</u> Mashed Potatoes Fruit of the Day</p>	<p>19</p> <p>Chicken Fajita W/ Onions & Peppers Tony's Breakfast Pizza <u>Sides:</u> Sweet Peas Fruit of the Day</p>	<p>20</p> <p>Rotini Pasta w/ Meat Sauce Spicy Chicken Patty on a Bun <u>Sides:</u> Spinach Fruit of the Day</p>	<p>21</p> <p>Grilled Cheese & Tomato Soup Mozzarella Sticks <u>Sides:</u> Sweet Potatoes Fruit of the Day</p>	<p>22</p> <p>Maxx Sticks w/ Sauce Cup Tonys Galaxy Round Pizza <u>Sides:</u> Carrot & Celery Sticks Fruit of the Day</p>
<p>25</p> <p>General Tao Chicken w/ Fried Rice Chicken Patty on Bun <u>Sides:</u> Peas & Carrots Fruit of the Day</p>	<p>26</p> <p>Soft Taco w/ Lettuce & Tomato Spicy Chicken Tenders <u>Sides:</u> Corn Fruit of the Day</p>	<p>27</p> <p>Pizza Dippers w/ Sauce Cup Cheeseburger <u>Sides:</u> Sweet Peas Fruit of the Day</p>	<p>28</p> <p>Early Dismissal No Lunches Served</p>	<p>29</p> <p>Spring Break School Closed</p>

View your lunch account: www.schoolpaymentportal.com